

# JUMP Ready Responders Program

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## 2025 Impact Report



*Program Header*

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## Executive Summary

The **JUMP Ready Responders Program** represents a critical investment in community safety and youth empowerment in Lycoming County. Through strategic partnership with CPR211 and the West Branch Drug & Alcohol Commission, the Juvenile Uplifting Mentoring Program (JUMP) successfully delivered

comprehensive emergency response training to 88 residents, with a focused emphasis on equipping at-risk youth with life-saving skills.

This program exemplifies JUMP's commitment to providing evidence-based interventions that transform challenges into opportunities, giving young people the tools to become protectors and leaders in their communities.

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## Program Overview

### Mission Alignment

The Ready Responders Program directly supports JUMP's core mission of uplifting at-risk juveniles and their families by:

**Building Confidence & Competence:** Providing youth with certified skills that increase self-worth and community value

**Creating Positive Identity:** Transforming participants from at-risk individuals to community first responders

**Preventing System Involvement:** Engaging youth in pro-social activities that build resilience and purpose

**Strengthening Community Connections:** Fostering relationships between youth and community safety resources

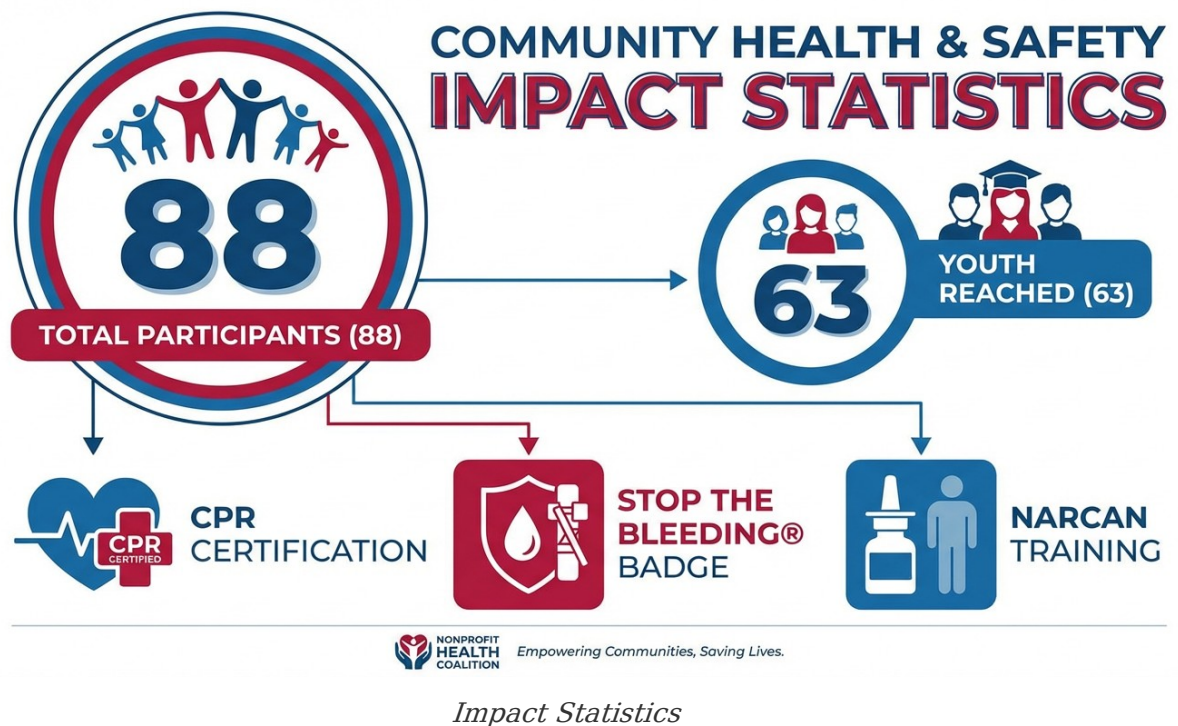
### Program Components

Participants received comprehensive training in four critical emergency response areas:

1. **CPR/AED Certification** (American Red Cross)
2. **Stop the Bleeding** techniques
3. **Epinephrine administration** for allergic emergencies
4. **Narcan (Naloxone) administration** for opioid overdose response

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## Impact by the Numbers



## Reach & Participation

**88 Total Participants** trained in life-saving techniques  
**63 Youth Participants** (72% of total participants)  
**25 Adult Community Members** (28% of total participants)  
**100% Certification Rate** - All participants received American Red Cross CPR/AED certification

## Geographic Impact

**Lycoming County:** Primary service area  
**Community-wide accessibility:** Free training removed financial barriers  
**Diverse participant background:** Served at-risk youth and general community members

## Training Hours Delivered

**4-6 hours** of comprehensive emergency response training per participant  
**Estimated 440-528 total training hours** provided to the community  
**No cost to participants:** Eliminating a \$75-150 per person barrier to certification

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## Program Outcomes & Impact

### Immediate Outcomes

#### Skills Development

- 88 community members now certified in CPR/AED
- 88 individuals trained to respond to bleeding emergencies
- 88 people equipped to administer Narcan during opioid overdoses
- 88 participants able to recognize and respond to anaphylaxis with epinephrine

#### Youth Empowerment

- 63 young people gained marketable, resume-building certification
- Youth participants developed increased sense of purpose and community contribution
- At-risk youth provided positive alternative to negative peer influences
- Participants built connections with health and safety professionals

### Intermediate Outcomes

#### Community Safety Enhancement

- Increased number of bystanders capable of emergency response before EMS arrival
- Enhanced community capacity to respond to the opioid crisis
- Improved survival rates potential for cardiac events, overdoses, and traumatic injuries
- Reduced response time gap through trained community first responders

## **Economic Impact**

**\$6,600 - \$13,200 in training value** provided free to community (based on typical \$75-150 CPR certification costs)  
Reduced healthcare costs through early intervention and prevention  
Increased employability for youth participants through certification

## **Youth Development**

Improved self-efficacy and confidence among at-risk youth  
Development of pro-social identity as community helpers  
Strengthened decision-making and emergency response skills  
Enhanced resilience through mastery of complex skills

## **Long-Term Impact Potential**

### **Life-Saving Capability**

Studies show bystander CPR can **double or triple** survival rates from cardiac arrest  
Narcan administration prevents fatal opioid overdoses  
Quick bleeding control can prevent shock and save lives in trauma situations  
88 trained individuals represent potential to save dozens of lives over time

### **Youth Trajectory Change**

Certification provides competitive advantage for employment  
Positive skill development reduces risk factors for justice system involvement  
Mentoring relationships formed during training support ongoing development  
Community connection reduces isolation and increases protective factors

### **Community Resilience**

Enhanced community preparedness for medical emergencies  
Reduced stigma around substance use disorder through education  
Increased community cohesion through shared training experience  
Model for future community safety initiatives

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## **Partnership & Collaboration**

### **Program Sponsors**

#### **CPR211**

- Primary program sponsor
- Provided funding and training resources
- Ensured American Red Cross certification standards

#### **West Branch Drug & Alcohol Commission**

- Strategic partner in program delivery
- Provided Narcan training expertise
- Connected program to substance use prevention initiatives

#### **American Red Cross**

- Certification provider
- Quality assurance for CPR/AED training
- National recognition for participant achievements

### **JUMP's Role**

As the implementing organization, JUMP:

- Recruited and engaged at-risk youth participants
- Coordinated logistics and community outreach
- Integrated training with mentoring support
- Ensured accessibility for underserved populations
- Documented impact and outcomes

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## **Participant Impact Stories**

### **Youth Perspective**

The Ready Responders Program transformed how participating youth see themselves in their community. Many expressed:

**Increased Confidence:** "I never thought I could save someone's life. Now I know I can."

**Sense of Purpose:** Moving from being labeled "at-risk" to becoming "first responders"

**Career Exploration:** Several participants expressed interest in healthcare and emergency services careers

**Community Pride:** Youth reported feeling valued and respected as certified responders

## Community Impact

Adult participants and community members noted:

**Intergenerational Learning:** Youth and adults learning side-by-side built mutual respect

**Preparedness:** Families feel safer knowing household members can respond to emergencies

**Substance Use Awareness:** Narcan training reduced stigma and increased understanding

**Gratitude for Access:** Free training made certification possible for families facing financial constraints

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## Addressing Critical Community Needs

### Opioid Crisis Response

Lycoming County, like many Pennsylvania communities, faces significant challenges related to opioid use. This program directly addresses this crisis by:

Training 88 community members to recognize overdose signs

Equipping participants with Narcan administration skills

Reducing fatal overdose risk through bystander intervention

Normalizing life-saving response to substance use emergencies

## Youth Risk Prevention

By engaging 63 young people in this program, JUMP provided:

**Structured, Positive Activity:** Alternative to risky or delinquent behavior

**Skill Mastery Experience:** Building self-esteem through achievement

**Adult Mentorship:** Connection to positive role models

**Community Integration:** Sense of belonging and contribution

## Health Equity

Free certification training addressed disparities by:

Removing financial barriers to life-saving skills

Reaching underserved and at-risk populations

Providing equal access to valuable credentials

Building capacity in communities most affected by health emergencies

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## Program Excellence & Quality

### Evidence-Based Approach

The Ready Responders Program aligns with proven strategies for youth development and community health:

**Positive Youth Development:** Focuses on skill-building rather than deficit reduction

**Trauma-Informed Care:** Recognizes participant backgrounds while emphasizing strengths



**Community-Based Prevention:** Engages natural helpers in emergency response systems

**Harm Reduction:** Equips community with tools to reduce drug overdose deaths

## Certification & Standards

**American Red Cross Certification:** Nationally recognized credential

**Evidence-Based Curriculum:** Proven training methods and content

**Quality Instruction:** Qualified trainers ensured skill competency

**Comprehensive Coverage:** Multi-hazard approach to emergency response

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## Financial Stewardship

### Program Investment

The Ready Responders Program demonstrates efficient use of resources:

**Low Cost Per Participant:** Bulk training reduced per-person costs

**High Value Delivered:** Participants received certifications worth \$75-150 each

**Leveraged Partnerships:** Sponsor support maximized impact

**Sustainable Model:** Program design allows for replication and scaling

### Return on Investment

Community benefits far exceed program costs:

**Lives Saved:** Incalculable value of preventing death through bystander response

**Healthcare Savings:** Early intervention reduces emergency department and hospital costs

**Youth Development:** Investment in youth prevents future justice system costs

**Workforce Development:** Certifications enhance employability and career pathways

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## Lessons Learned & Best Practices

### Success Factors

1. **Strategic Partnerships:** Collaboration with CPR211 and West Branch Drug & Alcohol Commission enabled program success
2. **Youth-Centered Recruitment:** Targeted outreach to at-risk youth ensured program reached intended population
3. **Free Access:** Eliminating financial barriers dramatically increased participation
4. **Comprehensive Curriculum:** Multi-topic approach provided broader skill set than CPR alone
5. **Certification Value:** American Red Cross credentials motivated participation and completion

### Challenges Addressed

**Scheduling:** Coordinated training times to accommodate youth and adult schedules  
**Engagement:** Made training interactive and relevant to participant experiences  
**Follow-Up:** Integrated training with ongoing JUMP mentoring for sustained impact  
**Resource Coordination:** Managed partnerships to ensure smooth program delivery

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## Future Directions

## Program Expansion

Building on the success of the Ready Responders Program, JUMP plans to:

**Increase Capacity:** Train additional cohorts to reach more community members

**Advanced Training:** Offer continuing education and advanced certifications

**School Partnerships:** Bring Ready Responders training to school settings

**Employer Engagement:** Connect certified youth with employment opportunities

**Refresher Courses:** Provide recertification to maintain community capacity

## Sustainability

To ensure ongoing impact:

**Continued Partnership:** Maintain relationships with CPR211 and West Branch Drug & Alcohol Commission

**Funding Diversification:** Seek additional sponsors and grant funding

**Train-the-Trainer:** Develop internal capacity to deliver training

**Impact Evaluation:** Track long-term outcomes and life-saving interventions by graduates

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## Stakeholder Testimonials

### Partner Organizations

*"The partnership with JUMP ensured that life-saving training reached the young people who need it most. This program is a model for community-based prevention."*

— West Branch Drug & Alcohol Commission

## Community Feedback

*"My son came home so proud of his CPR certification. For the first time, he sees himself as someone who helps others instead of someone who needs help. That shift in perspective is priceless."*

— Parent of participant

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## Call to Action

### Support Future Programs

The success of the JUMP Ready Responders Program demonstrates the transformative power of investing in youth and community safety. Your support enables JUMP to:

**Expand Training:** Reach more at-risk youth and community members

**Sustain Impact:** Provide ongoing mentoring and support to program graduates

**Replicate Success:** Develop additional skill-building programs

**Save Lives:** Equip communities with emergency response capabilities

### Ways to Get Involved

**Donate:** Your financial support makes programs like Ready Responders possible and free to participants

**Partner:** Organizations interested in sponsoring future training cohorts

**Volunteer:** Qualified instructors can help expand program capacity

**Refer:** Connect at-risk youth who would benefit from this opportunity

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## Contact Information

### Juvenile Uplifting Mentoring Program (JUMP)

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## About JUMP

The Juvenile Uplifting Mentoring Program (JUMP) is dedicated to creating brighter futures for at-risk youth and their families. Through evidence-based mentoring and the Community-Based Operated Resource Program (CORP), JUMP provides wraparound support services that help young people build resilience, avoid justice system involvement, and thrive as engaged, productive community members.

**Our Mission:** To empower at-risk juveniles and their families through mentorship, community resources, and supportive services that address root causes of risk and build pathways to success.

**Our Vision:** A community where every young person has access to the support, skills, and opportunities needed to reach their full potential, regardless of their circumstances.

## **Our Values:**

**Second Chances:** We believe in the potential within every young person

**Evidence-Based Practice:** We utilize proven programs and interventions

**Community Partnership:** We collaborate to maximize impact

**Equity & Access:** We remove barriers to opportunity

**Family-Centered:** We support the whole family system

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**Equal Access & Non-Discrimination:** All individuals receiving services or employment shall be provided equal access and opportunity without discrimination. Reasonable accommodations are made to meet the physical or mental limitations of qualified individuals with disabilities.

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*This impact report was prepared by the Juvenile Uplifting Mentoring Program to document the outcomes and community benefit of the JUMP Ready Responders Program. For more information or to discuss partnership opportunities, please contact us.*

**Report Date:** January 2025

**Program Period:** 2025

**Prepared by:** JUMP Leadership Team