

JUMP Ready Responders Program

2025 Impact Report



Program Header

Executive Summary

The **JUMP Ready Responders Program** represents a critical investment in community safety and youth empowerment in Lycoming County. Through strategic partnership with CPR211 and the West Branch Drug & Alcohol Commission, the Juvenile Uplifting Mentoring Program (JUMP) successfully delivered

comprehensive emergency response training to 88 residents, with a focused emphasis on equipping at-risk youth with life-saving skills.

This program exemplifies JUMP's commitment to providing evidence-based interventions that transform challenges into opportunities, giving young people the tools to become protectors and leaders in their communities.

Program Overview

Mission Alignment

The Ready Responders Program directly supports JUMP's core mission of uplifting at-risk juveniles and their families by:

Building Confidence & Competence: Providing youth with certified skills that increase self-worth and community value

Creating Positive Identity: Transforming participants from at-risk individuals to community first responders

Preventing System Involvement: Engaging youth in pro-social activities that build resilience and purpose

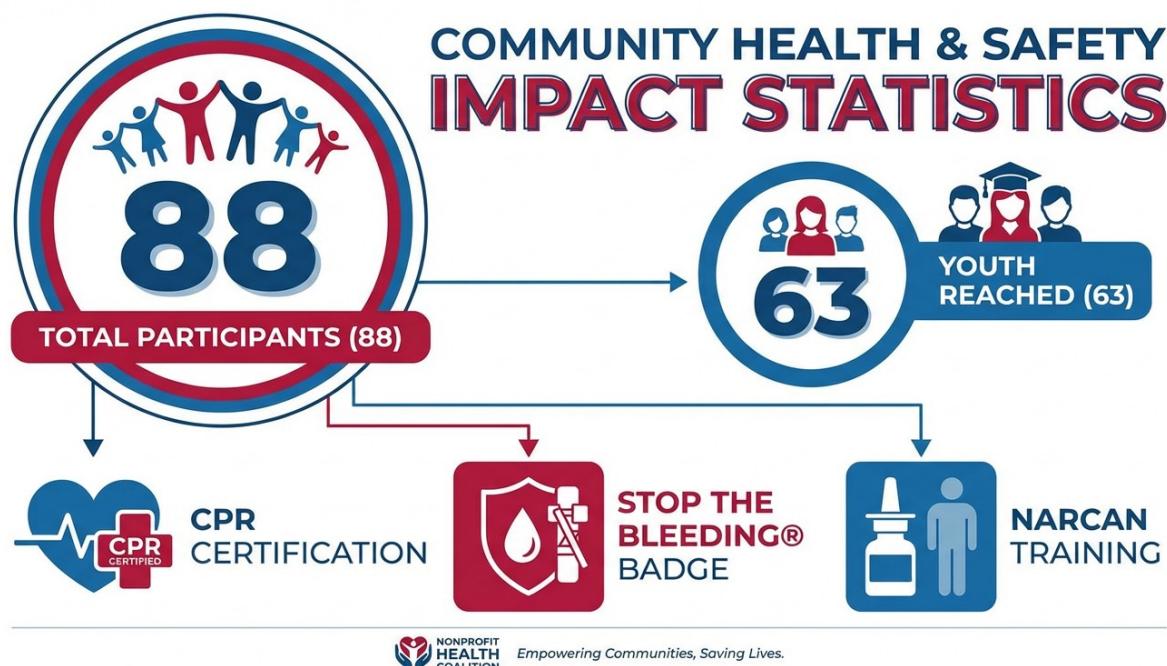
Strengthening Community Connections: Fostering relationships between youth and community safety resources

Program Components

Participants received comprehensive training in four critical emergency response areas:

1. **CPR/AED Certification** (American Red Cross)
2. **Stop the Bleeding** techniques
3. **Epinephrine administration** for allergic emergencies
4. **Narcan (Naloxone) administration** for opioid overdose response

Impact by the Numbers



Impact Statistics

Reach & Participation

88 Total Participants trained in life-saving techniques
63 Youth Participants (72% of total participants)
25 Adult Community Members (28% of total participants)
100% Certification Rate - All participants received American Red Cross CPR/AED certification

Geographic Impact

Lycoming County: Primary service area
Community-wide accessibility: Free training removed financial barriers
Diverse participant background: Served at-risk youth and general community members

Training Hours Delivered

4-6 hours of comprehensive emergency response training per participant

Estimated 440-528 total training hours provided to the community

No cost to participants: Eliminating a \$75-150 per person barrier to certification

Program Outcomes & Impact

Immediate Outcomes

Skills Development

88 community members now certified in CPR/AED

88 individuals trained to respond to bleeding emergencies

88 people equipped to administer Narcan during opioid overdoses

88 participants able to recognize and respond to anaphylaxis with epinephrine

Youth Empowerment

63 young people gained marketable, resume-building certification

Youth participants developed increased sense of purpose and community contribution

At-risk youth provided positive alternative to negative peer influences

Participants built connections with health and safety professionals

Intermediate Outcomes

Community Safety Enhancement

Increased number of bystanders capable of emergency response before EMS arrival

Enhanced community capacity to respond to the opioid crisis

Improved survival rates potential for cardiac events, overdoses, and traumatic injuries

Reduced response time gap through trained community first responders

Economic Impact

- \$6,600 - \$13,200 in training value** provided free to community (based on typical \$75-150 CPR certification costs)
- Reduced healthcare costs through early intervention and prevention
- Increased employability for youth participants through certification

Youth Development

- Improved self-efficacy and confidence among at-risk youth
- Development of pro-social identity as community helpers
- Strengthened decision-making and emergency response skills
- Enhanced resilience through mastery of complex skills

Long-Term Impact Potential

Life-Saving Capability

- Studies show bystander CPR can **double or triple** survival rates from cardiac arrest
- Narcan administration prevents fatal opioid overdoses
- Quick bleeding control can prevent shock and save lives in trauma situations
- 88 trained individuals represent potential to save dozens of lives over time

Youth Trajectory Change

- Certification provides competitive advantage for employment
- Positive skill development reduces risk factors for justice system involvement
- Mentoring relationships formed during training support ongoing development
- Community connection reduces isolation and increases protective factors

Community Resilience

- Enhanced community preparedness for medical emergencies
- Reduced stigma around substance use disorder through education
- Increased community cohesion through shared training experience
- Model for future community safety initiatives

Partnership & Collaboration

Program Sponsors

CPR211

Primary program sponsor
Provided funding and training resources
Ensured American Red Cross certification standards

West Branch Drug & Alcohol Commission

Strategic partner in program delivery
Provided Narcan training expertise
Connected program to substance use prevention initiatives

American Red Cross

Certification provider
Quality assurance for CPR/AED training
National recognition for participant achievements

JUMP's Role

As the implementing organization, JUMP:

Recruited and engaged at-risk youth participants
Coordinated logistics and community outreach
Integrated training with mentoring support
Ensured accessibility for underserved populations
Documented impact and outcomes

Participant Impact Stories

Youth Perspective

The Ready Responders Program transformed how participating youth see themselves in their community. Many expressed:

Increased Confidence: "I never thought I could save someone's life. Now I know I can."

Sense of Purpose: Moving from being labeled "at-risk" to becoming "first responders"

Career Exploration: Several participants expressed interest in healthcare and emergency services careers

Community Pride: Youth reported feeling valued and respected as certified responders

Community Impact

Adult participants and community members noted:

Intergenerational Learning: Youth and adults learning side-by-side built mutual respect

Preparedness: Families feel safer knowing household members can respond to emergencies

Substance Use Awareness: Narcan training reduced stigma and increased understanding

Gratitude for Access: Free training made certification possible for families facing financial constraints

Addressing Critical Community Needs

Opioid Crisis Response

Lycoming County, like many Pennsylvania communities, faces significant challenges related to opioid use. This program directly addresses this crisis by:

Training 88 community members to recognize overdose signs

Equipping participants with Narcan administration skills

Reducing fatal overdose risk through bystander intervention

Normalizing life-saving response to substance use emergencies

Youth Risk Prevention

By engaging 63 young people in this program, JUMP provided:

- Structured, Positive Activity:** Alternative to risky or delinquent behavior
- Skill Mastery Experience:** Building self-esteem through achievement
- Adult Mentorship:** Connection to positive role models
- Community Integration:** Sense of belonging and contribution

Health Equity

Free certification training addressed disparities by:

- Removing financial barriers to life-saving skills
- Reaching underserved and at-risk populations
- Providing equal access to valuable credentials
- Building capacity in communities most affected by health emergencies

Program Excellence & Quality

Evidence-Based Approach

The Ready Responders Program aligns with proven strategies for youth development and community health:

- Positive Youth Development:** Focuses on skill-building rather than deficit reduction
- Trauma-Informed Care:** Recognizes participant backgrounds while emphasizing strengths

Community-Based Prevention: Engages natural helpers in emergency response systems

Harm Reduction: Equips community with tools to reduce drug overdose deaths

Certification & Standards

American Red Cross Certification: Nationally recognized credential

Evidence-Based Curriculum: Proven training methods and content

Quality Instruction: Qualified trainers ensured skill competency

Comprehensive Coverage: Multi-hazard approach to emergency response

Financial Stewardship

Program Investment

The Ready Responders Program demonstrates efficient use of resources:

Low Cost Per Participant: Bulk training reduced per-person costs

High Value Delivered: Participants received certifications worth \$75-150 each

Leveraged Partnerships: Sponsor support maximized impact

Sustainable Model: Program design allows for replication and scaling

Return on Investment

Community benefits far exceed program costs:

Lives Saved: Incalculable value of preventing death through bystander response

Healthcare Savings: Early intervention reduces emergency department and hospital costs

Youth Development: Investment in youth prevents future justice system costs

Workforce Development: Certifications enhance employability and career pathways

Lessons Learned & Best Practices

Success Factors

- 1. Strategic Partnerships:** Collaboration with CPR211 and West Branch Drug & Alcohol Commission enabled program success
- 2. Youth-Centered Recruitment:** Targeted outreach to at-risk youth ensured program reached intended population
- 3. Free Access:** Eliminating financial barriers dramatically increased participation
- 4. Comprehensive Curriculum:** Multi-topic approach provided broader skill set than CPR alone
- 5. Certification Value:** American Red Cross credentials motivated participation and completion

Challenges Addressed

Scheduling: Coordinated training times to accommodate youth and adult schedules

Engagement: Made training interactive and relevant to participant experiences

Follow-Up: Integrated training with ongoing JUMP mentoring for sustained impact

Resource Coordination: Managed partnerships to ensure smooth program delivery

Future Directions

Program Expansion

Building on the success of the Ready Responders Program, JUMP plans to:

- Increase Capacity:** Train additional cohorts to reach more community members
- Advanced Training:** Offer continuing education and advanced certifications
- School Partnerships:** Bring Ready Responders training to school settings
- Employer Engagement:** Connect certified youth with employment opportunities
- Refresher Courses:** Provide recertification to maintain community capacity

Sustainability

To ensure ongoing impact:

- Continued Partnership:** Maintain relationships with CPR211 and West Branch Drug & Alcohol Commission
- Funding Diversification:** Seek additional sponsors and grant funding
- Train-the-Trainer:** Develop internal capacity to deliver training
- Impact Evaluation:** Track long-term outcomes and life-saving interventions by graduates

Stakeholder Testimonials

Partner Organizations

"The partnership with JUMP ensured that life-saving training reached the young people who need it most. This program is a model for community-based prevention."

— West Branch Drug & Alcohol Commission

Community Feedback

"My son came home so proud of his CPR certification. For the first time, he sees himself as someone who helps others instead of someone who needs help. That shift in perspective is priceless."

— Parent of participant

Call to Action

Support Future Programs

The success of the JUMP Ready Responders Program demonstrates the transformative power of investing in youth and community safety. Your support enables JUMP to:

Expand Training: Reach more at-risk youth and community members

Sustain Impact: Provide ongoing mentoring and support to program graduates

Replicate Success: Develop additional skill-building programs

Save Lives: Equip communities with emergency response capabilities

Ways to Get Involved

Donate: Your financial support makes programs like Ready Responders possible and free to participants

Partner: Organizations interested in sponsoring future training cohorts

Volunteer: Qualified instructors can help expand program capacity

Refer: Connect at-risk youth who would benefit from this opportunity

Contact Information

Juvenile Uplifting Mentoring Program (JUMP)

Email: juvenileupliftingmentorprogram@gmail.com

Phone: +1 267-783-1301

Website: www.juvenileupliftingmentorprogram.org

Connect with us:

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About JUMP

The Juvenile Uplifting Mentoring Program (JUMP) is dedicated to creating brighter futures for at-risk youth and their families. Through evidence-based mentoring and the Community-Based Operated Resource Program (CORP), JUMP provides wraparound support services that help young people build resilience, avoid justice system involvement, and thrive as engaged, productive community members.

Our Mission: To empower at-risk juveniles and their families through mentorship, community resources, and supportive services that address root causes of risk and build pathways to success.

Our Vision: A community where every young person has access to the support, skills, and opportunities needed to reach their full potential, regardless of their circumstances.

Our Values:

Second Chances: We believe in the potential within every young person

Evidence-Based Practice: We utilize proven programs and interventions

Community Partnership: We collaborate to maximize impact

Equity & Access: We remove barriers to opportunity

Family-Centered: We support the whole family system

Equal Access & Non-Discrimination: All individuals receiving services or employment shall be provided equal access and opportunity without discrimination. Reasonable accommodations are made to meet the physical or mental limitations of qualified individuals with disabilities.

This impact report was prepared by the Juvenile Uplifting Mentoring Program to document the outcomes and community benefit of the JUMP Ready Responders Program. For more information or to discuss partnership opportunities, please contact us.

Report Date: January 2025

Program Period: 2025

Prepared by: JUMP Leadership Team